

## Clinical Experiences

Students will provide health care to the rural and urban populations of El Salvador. Clinics will be conducted in Concholio and La Libertad, a short drive from San Salvador. Opportunities will be offered to provide primary health care to children living in orphanages and families living in urban poverty in San Salvador. Students will accompany local university nursing and medical students on community visits. Visits to local hospitals are planned.



### Schedule

Three classes prior to departure:  
UNCW, Background and safety  
information

Two Weeks: El Salvador - Cultural  
immersion and clinical experiences

One day: UNCW - Reflection

## Application

For an application, consult the program  
faculty leader or OIP at

[http://www.uncw.edu/intprogs/documents/SummerandShortTermEducationAbroadApplicationPacket\\_000.pdf](http://www.uncw.edu/intprogs/documents/SummerandShortTermEducationAbroadApplicationPacket_000.pdf)

Submit before December 1, 2009

Deposit of \$200 is due by Dec. 1, 2009  
(non-refundable); \$500 December 18,  
2009 and balance by January 8, 2010.

For more information contact:  
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University of North Carolina  
Wilmington  
School of Nursing



## Cultural Immersion: People and Health Care in El Salvador

San Salvador, El Salvador  
March 3 - March 13, 2010



University of North Carolina Wilmington

**School of Nursing**

## Course Descriptions

**Description:** NSG 401, 403, 405, NSG 483, NSG and NSGL 495, NSG 592/NSG 591, NSG 520. This course is designed to provide a unique international experience. Students will learn about the culture, language, health care, history and lifestyle of the Salvadoran people. The first three classes are conducted at UNCW and include background information about the country and people. Ten days will be spent in El Salvador. Conversational Spanish can be continued daily. Students will have the opportunity to provide health care at various clinics and orphanages. Students will meet and interact with local nursing and medical students. Opportunities to visit several hospitals, interact with health care providers and work with the Ministry of Health will be provided. Students will visit the local mercado, the beautiful beaches, a rural Salvadoran home and participate in a typical Salvadoran fiesta. The course will end with a day of reflective discussion and debriefing at UNCW.

### Clinical Nursing (70 hours)

**Description:** NSG 495/NSGL 495 and NSG 592/NSG 591 Prelicensure and registered nurses, and graduate nursing students may register for these classes with permission of the faculty.

## Location and Information

El Salvador is known as the land of volcanoes, and is the smallest country in Central America. It is on the Pacific coast of Central America, bordered by Guatemala to the west and Honduras to the north and east. It is currently a democratic country with a developing economy. In the 1970s, discontent with societal inequities, poor economy and the repressive measures of dictatorships lead to a 12 year civil war. On January 16, 1992 a peace treaty was signed. In 2005, El Salvador ratified a free trade agreement (CAFTA) with the United States. Currently, El Salvador is experiencing tremendous growth. Although there is an expanding middle class. The country is still very poor. More than 50% of the population lives in poverty without electricity, potable water or sanitation. Health care is generally unavailable to the poor due to limited access and cost. Hurricanes, earthquakes, droughts, floods, mudslides and volcano eruptions have left many people homeless. These people have migrated to the city in search of work and live in squalor. Others have tried to migrate to other countries to find work and a better life for their families. **This tropical country** is approximately the size of Mass. with a population of about 7.2 million. The temperature is tropical on the coast and temperate in uplands. **The population** of El Salvador consists of 90% mestiza, 9% white and 1% Amerindian. Spanish is the language of the area.

## Cost

The estimated cost of the course is \$2,000. This includes airfare, local travel in El Salvador, hotel and meals.

### To apply: North Carolina Residents:

- Complete an application available in the Office of International Programs.
- Make a non-refundable deposit check for \$200 by December 1, 2009, a payment of \$500 by December 15, 2009 and the balance of approximately \$1,300 by January 8, 2010. Tuition is paid directly to UNCW.

### Personal expenses:

Each student will need:

- A current passport
- Appropriate Vaccinations

### Financial Assistance:

Inquire with UNCW Financial Aid Office.

### Eligibility:

Students must be in good academic standing. Students enrolling in NSG 495/NSGL 495 and NSG 592/NSG 591 must complete and pass a minimum of one upper division clinical nursing course prior to departure. Registered nurse, undergraduate and graduate, students in nursing may enroll with permission of the course faculty.

**Accommodations:** Students will share hotel rooms in the capital city, San Salvador.

## **El Salvador March 3 to March 13, 2010**

### **Daily itinerary, including excursions and site visits**

#### **Small Group on Campus – prior to departure**

##### **Class 1**

Overview  
Assigned readings  
Safety Precautions  
Health Requirements  
Introduction to Latin America and El Salvador  
Geography and climate  
Natural disasters and preparedness

##### **Class 2**

Historical Perspective of Latin America/El Salvador  
Political Climate  
The culture of Latin America and El Salvador  
Human rights/post war reform  
Health Care System in El Salvador  
Economics  
Poverty  
Foreign Relations

##### **Class 3**

Common health problems in El Salvador- Overview  
Common Health problems of Salvadoran Infants, Children and Adolescents  
Common Health Problems of Adults in El Salvador  
Final Preparation for the Trip

### **In Country Experience**

**I can arrange for daily conversational Spanish if desired while in El Salvador.**

#### **Day 1 Travel (3/3)**

Travel from Wilmington, NC via Atlanta to San Salvador, El Salvador  
Students can fly Delta Flt 4654 departing 6:15AM from Wilmington, arrives Atlanta at 7:39 AM, departing 10:10AM and arriving in San Salvador El Salvador at 11:44AM. Return home flight – Saturday depart SAL at 2PM, arrive Atlanta 7:34PM, leave Atlanta 9:30PM, arriving in Wilmington at 10:44PM.  
Current cost, including all fees and taxes approximately **\$1000** – I will have definite flights and cost closer to departure day.  
\* Pre and post conference – daily

#### **Day 2 Thursday (3/4)**

Orientation to San Salvador, El Salvador – tour  
Visit to the University (UEES) – meet with nursing and medical faculty and students  
Discuss mission of UEES  
Share UEES nursing program mission and goals  
Compare with mission and goals of UNCW  
Accompany nursing and medical students from UEES on clinical assignments  
Post conference

**Day 3: Friday (12 hours) 3/5**

Pre-conference

Clinics

Accompany nursing and medical students on home visits and family assessments in local communities

Post conference

Conversational Spanish

**Day 4 Saturday (12 hrs) 3/6**

Meet local Salvadorans

Discuss common health problems

Prepare for clinics

Clinics at La Libertad and Concholio

**Day 5 Sunday (12 hrs) 3/7**

Visit to other orphanages; health assessments and care of children (State orphanage in San Salvador, Nutritional Hospital for Children in San Salvador)

Religious services

Visit to Costa del Sol- Beach day with local Salvadorans or

Trip to Lago de Ilopongo

Artisan Markets

**Day 6 Monday (12 hrs) 3/8**

Conversational Spanish

Tour of local hospitals (Rosales, Bloom Children's Hospital, El Hospital Maternidad located in San Salvador; San Bartolo Hospital in Soyapango) and meeting with staff nurses

Collaborate with Salvadoran nursing and medical students - plan and provide care

Pre and post conference

**Day 7 Tuesday (12 hr) 3/9**

Conversational Spanish

Visit to a local campo

Ministeria de Salud

Accompany nursing and medical students from UEES on clinical assignments

Pre and post conference

**Day 8, Wednesday, (12 hr) 3/10**

Pre-conference

Clinics

Accompany nursing and medical students on home visits and family assessments in local communities

Post conference

Conversational Spanish

**Day 9 Thursday, (10 hr) 3/11**

Conversational Spanish

Family visits and clinics

Accompany local students (UEES) on clinical assignments

Pre and post conference

**Day 10, Friday, (12 hr) 3/12**

Clinical Practice:

Clinics

Hospitals

Home visits

Pre and post conference

Final debriefing with UEES faculty and students

Typico Salvadoran Fiesta!!

**Day 11: Saturday, Travel home!!**

LV SAL– 2PM Delta Flt 276 to ATL – ATL to ILM – arrive 10:44PM (will finalize closer to departure)

One day – two weeks after return – UNCW – reflection on experience and presentations

\* Pre and Post conference on a daily basis

\*\* All days in El Salvador are considered clinical hours

-**Classroom contact hours** (Make sure your students have sufficient in-class time to justify the no. of credits awarded) approximately 80 hours of clinical.

**--Grading policies, assignments**

Reflective Journal – 30%

Presentation – 30%

Family/community assessment – 40%

\*\*\*the trip cost of approximately \$800 includes lodging, breakfast, transportation in country, trip to the beach, Salvadoran meal (day 10 dinner), 18 hours of Spanish lessons (2 hours/day). Not included: air fare (approximately \$800 to \$1000, lunch and dinner, books, personal items).